

Direct-Action Preparedness Guide

At a Menace action, you may face confrontations from various groups, including:

- 1. **Law Enforcement**: Police may use crowd control measures like tear gas, rubber bullets, or arrests to manage protests.
- 2. **Counter-Protesters**: Individuals or groups with opposing views may clash with protesters, leading to verbal or physical confrontations.
- 3. **Passersby or Spectators**: Sometimes, bystanders may get involved, either supporting or opposing the protest, which can escalate tensions.
- 4. **Organized Groups**: Far-right or extremist groups may target protests, especially those related to political or social issues.

When attending a protest, it's important to be well-prepared and aware of your surroundings. Here are some useful items to bring along and some things to leave at home:

Useful Items

Water: Bring more water than you think you'll need. You may be out longer than expected, and water can be used to wash injuries. It's also the most common item others may ask for.

Food: Pack high-salt and high-protein snacks. A variety of simple, low-allergen foods makes sharing easier. Don't overpack, just bring enough to sustain you.

First Aid: Be ready to handle minor injuries yourself. Bring first aid supplies that you're qualified to use, even if the event seems low-risk.

Umbrella: Use an umbrella as a shield to protect yourself from unwanted attention or to block photographers.

Clothes: Avoid wearing logos unless everyone at the event will be wearing the same one. Bring a logoless backpack and consider carrying outerwear in it.

Notepad: A notepad can replace many functions of a phone.

A Buddy: Don't attend the event alone. Staying with a buddy reduces the risk of being targeted. Stick together until you're in a safe location, then you can separate.

A Plan: Have a paper map of the area and a wristwatch to replace phone functions. Commit emergency contacts to memory.

Leave at Home

Camera: Avoid bringing a camera. Photographs can be risky, and others will likely bring cameras.

Phone: Consider leaving your phone at home to avoid potential tracking and data exposure.